

DROP





ROLL

## **USTOP**

If you run while your clothes are on fire, you will be "fanning the fire," which will give it more power to continue to grow and burn. Instead of running, **STOP**.

## **IDROP**

**DROP** to the floor, where there will be less smoke and heat.

## **☑ROLL**

**ROLL** to smother the flames. The motion of rolling will take away the oxygen the fire needs to continue burning.

## REMEMBER!

It's important to keep your eyes covered and pull your arms in close to decrease the risk of injury.

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